

# Posterior direct restorations

HANDS-ON TRAINING



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**7CE**  
Credits



**DATE:**

19 May 2023  
09:00 - 18:00



**LOCATION:**

CAPP Training Institute | Dubai | UAE



**TARGET AUDIENCE:**

General Dentistry, Cosmetic Dentistry,  
Prosthodontics, Restorative Dentistry

## Abstract

Direct posterior restorations are the most common procedures in dentistry. Meeting the patients' desires when constructing a treatment plan has always been a large issue for dentists. Sometimes the patients' wishes are far from reality and are not applicable. In this course, we will address the most common conflicts between the patient's aims and the dentist's plan and how to solve that dilemma taking into consideration the most conservative approaches available. A general overview of current restorative concepts and techniques and an update of recent alternatives will be provided.

This course is specifically designed to address how the correct procedures can aid the restorative dentist to obtain the natural anatomy of posterior restorations with a simplified approach. The course combines lectures, hands-on workshops, clinical videos, and group discussions. Various types of restorative techniques will be covered, including the steps and designing a good cavity, how to restore a healthy contact point and obtain a good and fast occlusal anatomy. The final anatomy will thus be natural, free of unnecessary complexity, exaggeration, or time consumption. These treatment options will be discussed regarding their advantages, side effects, and success rates.

The course concentrates on clinical approaches that can aid clinicians in day-to-day practice. Case scenarios will be presented from a restorative approach to improve the long-term functional outcomes. Finally, a problem-based approach and failure management and treatment of complex cases will summarize all the information gathered during this program.

## Learning Objectives & Outcomes

- Perform adhesive procedures
- Do a direct restoration in class I, II, III, IV, V
- Obtain a reliable contact point in posteriors
- Choose the correct shade
- Finish and polish direct restoration

## Learning Objectives Hands-on Course

- Perform a class I and II on models

## Agenda

|               |                                                                                                                                                                                                                                            |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00 – 10:00 | Posterior Composite Restorations<br>Light curing and adhesion                                                                                                                                                                              |
| 10:00 – 11:00 | Post-operative sensitivity<br>Class II, multiple class II and contact point                                                                                                                                                                |
| 11:00 – 11:30 | Coffee Break                                                                                                                                                                                                                               |
| 11:30 – 13:00 | Choosing the right Modeling technique for posteriors<br>Finishing and polishing composite restorations                                                                                                                                     |
| 13:00 – 14:00 | Lunch                                                                                                                                                                                                                                      |
| 14:00 – 15:30 | <b>Hands-On</b><br>Direct restoration in Class I Cavity <ul style="list-style-type: none"><li>• choose the correct shade</li><li>• finish and polish direct restoration</li></ul>                                                          |
| 15:30 – 17:30 | <b>Hands-On</b><br>Direct restoration in Class II Cavity <ul style="list-style-type: none"><li>• obtain a reliable contact point in posteriors</li><li>• choose the correct shade</li><li>• finish and polish direct restoration</li></ul> |
| 17:30 – 18:00 | Discussion and Q&A                                                                                                                                                                                                                         |

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## Registration Form

Name: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Clinic: \_\_\_\_\_ Country: \_\_\_\_\_ City: \_\_\_\_\_  
P.O. Box: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

### Methods of payment (select one)

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Request a secure payment link at [events@cappmea.com](mailto:events@cappmea.com) or call/WhatsApp +971502793711.

\*3.5% credit card charges for the bank will be applied.

☐ Bank Transfer:

Account Name: CAPP EVENTS & TRAINING

Bank Name: Emirates NBD; Account Number: 1015171389801

IBAN: AE600260001015171389801

Branch: Mall of the Emirates; Swift Code: EBILAEAD

\*All bank charges and fees to be covered by the customer.

☐ Cheque payment on the name of CAPP Events & Training

### Refund & Cancellation Policy

A refund of the registration fee will be made as follows: Notification in writing must be received 60 days prior to the event: 50% – excluding VAT, bank charges and other charges relates to the payment. Notification in writing must be received 30 days prior to the event: 25% – excluding VAT, bank charges and other charges relates to the payment. Notification received within less than 30 days prior to the event will result in no refund.

Signature: \_\_\_\_\_



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CAPP Events & Training designates this activity for 7 CE Credits