Restorative & Aesthetic Dentistry
Certificate & Diploma

KUWAIT 2025-2026



STARTS ON **08 MAY 2025**

168 CME & DAILY **HANDS-ON**

LEARN & APPLY TEACHING CONCEPT

ABOUT THE PROGRAMME:



ORGANISED BY

CAPP

Tipton Training
EMPOWERING DENTISTS

CAPP / TIPTON
Dental Academy

PARTNER

KUWAIT DENTAL ASSOCIATION
جمعية أطباء الأسنان الكويتية

ACCREDITED BY

Royal College of Surgeons of England

Certificate & Diploma Programme (168 CME)

Certificate | Level 1 | 4 Modules | 12 Days | 84 CME

Module 1 | 08-10 May 2025 (3 days) | Prof Paul Tipton

The Principles of Occlusion — DAY 1

- 5 Principles of Occlusion
- Slides between RCP and ICP
- Gnathology and Pankey style Occlusions
- Importance of Condylar Position
- Bruxism
- Anterior Guidance
- Mutually protected occlusion

PRACTICAL:

- Techniques relating to TMJ and Splints
- Jaw registrations practical
- Facebow registration practical

Tooth Preparation — DAY 2

- Two handed preparations
- Understanding bur selection
- Tooth anatomy v Tooth Prep
- Use of speed increasing handsets
- Lab techniques
- Functional cusp bevels
- Shillingburg winged preps
- Convergence angle and axial inclination
- The advantages and disadvantages of digital scanning in Restorative dentistry
- Principles of Anterior and Posterior Tooth Preparation.

PRACTICAL:

- Tooth Prepon phantom heads for bonded crowns

Minimally Invasive Veneer — DAY 3

- Theory of porcelain veneer preparations
- Labial surface preparation variations including gingival prep
- Interproximal preparation types – conventional vs slice
- Palatal prep variations
- Finishing techniques
- Prep vs prepless techniques
- Geller Models
- Aesthetic outcomes using minimal invasive veneer preparations

PRACTICAL:

- Veneer prep practical for both upper and lowers on phantom heads
- How to check reductions of preparations
- Finishing preparations and which equipment to use

Module 2 | Dates TBD (3 days) | Dr Matthew Holyoak

Anterior Composite Restorations — DAY 1

- Rubber Dam Isolation
- Anterior Tooth Anatomy
- Bevels & Bonding
- Line Angles
- Direct composite veneers: refining anatomy

PRACTICAL:

- Quadrant Isolation Rubber Dam
- Composite Veneer practical on phantom heads with Anterior layering Techniques
- Class III restorations
- Class IV restorations-polychromatic build-up
- Step by step finishing and polishing protocol for anterior composites
- Incisal staining

Posterior Composites — DAY 2

- Anatomy of Posterior Teeth
- Stamp technique
- Layering techniques-Successive cusp build up,Deep sculpt & Bulk fill
- Use of flowables
- Chemical cured composite
- Matrices and Sectional matrix techniques: which and when?
- Essential Techniques/ considerations to be used in application of posterior composites

PRACTICAL:

- Understanding posterior anatomy
- High quality natural-looking Posterior Composite restoration Practical of Class I and II on phantom heads

Tooth Wear: Diagnosis & Management of Tooth Surface Loss — DAY 3

- Examination, stabilisation and maintenance
- Palatal Wear Cases, Dahl appliance
- Creating occlusal plans
- Study casts and articulator selection
- Conformative vs reorganised approaches to restoration
- Diagnostic Waxing, prototype restorations and build-up guides

PRACTICAL:

- Restoring Canine Guidance: injection moulded with heated composite
- Incisal edge reconstruction on Anteriors: Use of a silicone Index

Module 3 | Dates TBD (3 days) | Prof Paul Tipton

Occlusal Examination — DAY 1

- Classification of lateral movement
- How to examine the TMJs
- Muscle palpation
- Importance of RCP
- How the slide determines the treatment plan
- Conformative v Reorganised approach
- 4 factors that identify your Occlusal plan
- Canine discussion and cusp angles

PRACTICAL:

- Occlusal Examination

Treatment Planning — DAY 2

- Treatment Planning the large restorative case, sequencing treatment
- Dahl appliances, diagnostic waxing and the curve of spee
- Boyle's plane analyser, importance of the Occlusal plane
- Vertical dimension and facial aesthetics, golden proportion
- Pink porcelain, emergence profile and soft tissue position
- Introduction to Modjaw and T Scan and its role in Treatment Planning
- Custom made Anterior guidance tables

PRACTICAL:

- Treatment planning practical
- Diagnostic waxing practical
- Occlusal adjustment on models practical

Emax & Zirconia Anterior & Posterior Restorations — DAY 3

- Two handed preparations
- Understanding bur selection
- Tooth anatomy v Tooth Prep
- Use of speed increasing handsets
- Lab techniques
- Functional cusp bevels
- Principles of Anterior and Posterior Tooth Preparation for Emax and Zirconia Crowns

PRACTICAL:

- Anterior and PosteriorTooth Prep practical on phantom heads

Module 4 | Dates TBD (3 days) | Prof James Prichard & Prof Paul Tipton

Enhance Your Expertise in Endodontics Parts 1 & 2 — DAY 1&2

- Introduction to contemporary endodontics
- Principles of access cavity design and locating canals
- Contemporary shaping with the latest instruments
- Role of irrigation and canal cleaning with contemporary methods
- Obturation with the latest and best sealers and techniques
- Radiographic assessment of cases

PRACTICAL:

Hands on using plastic blocks, 3D printed tooth and extracted teeth for cleaning and shaping of canals using rotary NITI files and obturation techniques

Modern Post and Core Techniques — DAY 3

- Types of posts and cores available and apply appropriate dentistry to patients.
- Creating the ideal ferrule
- Parallel vs Tapered posts
- Nayyar cores
- Principles of Shenker Post
- Adhesive Fibre/Zirconia Posts

PRACTICAL:

- Hands on Phantom Heads
- Prepare a Shenker post and provide a suitable impression
- Fabricate a Duralay direct post and core for anterior teeth
- Produce a split cast post and c ore using the 'bead-on' technique

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Module 5 | Dates TBD (3 days) | Prof Paul Tipton

Bridge Design and Preps — DAY 1&2

- Choosing fixed/fixed v fixed moveable design
- Cantilever designs
- Adhesive bridge preps
- Choosing the retainer type
- Perils of double abutting
- Reasons for bridge failures
- Flexing v length of bridge
- Lindhe and Nyman bridges/Periodontal Prosthesis
- The use of stress breakers
- Principles and application of Maryland Bridges.

PRACTICAL:

- Prepare the fixed movable bridge, fixed fixed bridge and cantilever bridge on phantom heads

Articulator selection — DAY 3

- Average value articulator
- Arbitrary v Kinematic facebows
- Semi adjustable & Fully adjustable articulators
- Importance of Condylar inclination
- Bennett movement v immediate side shift
- Bennett shift v progressive side shift
- Understanding the importance of intercondylar distance
- Why are your restorations always high
- Principles of articulators, types of articulators and the science behind choice of use

PRACTICAL:

- Mounting your own Models on the semi adjustable Articulator hands on practical

Module 6 | Dates TBD (3 days) | Prof Paul Tipton

Smile Design Part 1 & Advance Veneer Preparations — DAY 1

- Relevant factors needed for effective smile design
- Principles of co-coordinating and integrating practice of smile design with soft tissue treatments
- Marketing and communication with patients
- Centre line assessment
- Lab Communications and Shade Taking

PRACTICAL:

- Hands on session on phantom heads - Veneer Prep

Smile Design Part 2 & Veneer Cementation Techniques Practical — DAY 2

- Incisal plane
- Smile line
- Contact points
- Golden proportion/ Golden percentage
- Incisal length and profiles
- Maxillary teeth – tooth proportions and central incisor dominance
- Buccal corridors and axial alignment
- Mandibular teeth
- Lab communications and prescriptions – facebow, diagnostics, Geller models
- Pink Composites
- Cementation protocol for upper and lower cases
- How to assess fit of veneers on cast – quality control including lab prescriptions
- Treating veneers before fit Bonding techniques

PRACTICAL:

- Tooth prep and finishing techniques
- Repair techniques
- Veneer Cementation Practical on phantom heads

Porcelain Inlays & Onlays — DAY 3

- Principles essential for effective application of Porcelain Inlays/Onlays.
- Stages involved in preparing teeth
- Systematic approach and an understanding of laboratory procedures, margins, sealing etc..
- Preparing to prepare the principles of prep design, convergence angles Axial inclinations and how they vary between materials
- Choice of materials
- Preparation techniques
- Impressions

PRACTICAL:

- Inlays and Onlays Tooth Preparation on Phantom Heads

Module 7 | Dates TBD (3 days) | Dr Elaine Halley & Dr Rami Haidar

A Dental Facial Aesthetics – Neurotoxic Protein & Fillers — DAY 1

- Head & Neck Anatomy
- Introduction Botulinum Toxin
- Botulinum Toxin Mixing, Preparation and Application
- Facial Analysis
- Introduction to Dermal Fillers
- Minimally invasive augmentation techniques
- Local Anaesthesia
- Complications, how to avoid it and how to deal with it

Digital Smile Design (DSD), photography, digital dentistry, orthodontics & clear aligners — DAY 2&3

- Photo/video Protocol
- Dynamic Smile Design
- Pre-restorative Ortho
- DSD Lab
- DSD App
- Horizontal Aesthetic Plane
- Facial Midline
- Smile Curve
- Relative Widths of anterior teeth
- Proportions of centrals
- Gingival Curve
- Orthodontic assessments and structure
- Fixed vs removable orthodontics
- IPR requirements and linking to veneer prep guidelines
- Case Study discussions
- Photography Protocols

PRACTICAL:

- Digital smile design,Aligners Attachment and IPR on phantom heads

Module 8 | Dates TBD (3 days) | Prof Paul Tipton

TMD, It's Diagnosis and Treatment — DAY 1

- Types of splint
- Lucia jigs
- Michigan Splints
- Tanner Appliances
- Anterior Repositioning splints
- Anterior splints and deprogrammers
- Avoiding a Closed Lock
- Classification of clicking

PRACTICAL:

- Splint adjustment on phantom heads

Adhesive Bridge Preparation Techniques — DAY 2

- Principles and application of Maryland Bridges.
- Adhesive tooth Prep techniques
- Design features to resist forces: lingually, occlusally and coronally
- Guide planes, proximal grooves and occlusal rests
- Critique failures in Maryland bridge design

PRACTICAL:

- Maryland Bridge Prep on Phantom Heads

Occlusion 3 Seminar — DAY 3

Treatment of the Worn Dentition, Vertical Dimension and Facial Aesthetics Lectures

- Load testing the joint
- Choosing your condylar position
- Types of canine guidance
- Occlusal adjustment
- Progressive guidance, programmed guidance
- Long and wide centric, freedom in centric
- Treatment of Class 2 patients

PRACTICAL:

- Lucia jigs practical on phantom heads
- The use and introduction of Modjaw and T Scan in Restorative Dentistry

Faculty

All of our lecturers are passionate about their chosen field of dentistry and aim to ignite the same passion within you. Our enthusiastic and knowledgeable lecturers teach best practices across a range of disciplines in a way that makes them understandable and easy to implement. We aim to improve your skills through practical sessions giving you the confidence to take on more complex cases.



Prof Paul A Tipton, UK

B.D.S., M.Sc., D.G.D.P., Specialist in Prosthodontics
President of the British Academy of Restorative Dentistry (BARD)

Prof Paul A Tipton, UK is an internationally acclaimed Specialist in Prosthodontics who has worked in private practice for more than 30 years. He is the President of the British Academy of Restorative Dentistry (BARD) and is the founder of Tipton Training Ltd, one of the UK's leading private dental training academies and the author of over one 100 scientific articles for the dental press. He has been named at #12 in 'The Dentistry Top 50' for 2017 in the UK and voted in the Top 20 'most influential dentists in the UK' by his peers in Dentistry Magazine in April 2012, the leading Prosthodontist in the poll. Prof. Paul was also voted in the top 5 dentists in Private Dentistry's Elite 20 poll, January 2012.



Prof James Prichard, UK

BDS(ULond), MSc(ULond), LDSRCS(Eng), MFGDP(UK), FIAD-FE(USA), FBARD(UK), MFDTEd



Dr Matthew Holyoak, UK

BDS, Dip Rest Dent (RCS Eng), MSc (Rest Dent)



Dr Rami Haidar, UK

BDS, MFDS, RCS(UK), Oral & Maxillofacial Surgery Specialist, Aesthetics Training Consultant



Dr Elaine Halley, UK

BDS, MFGDP(UK), MSc, Accredited as DSD Master by Dr Christian Coachman, Founder of British Academy of Cosmetic Dentistry



Dr Ashish Rayarel, UK

BDS, MFGDP(UK), MSc (Aesthetic and Restorative Dentistry)

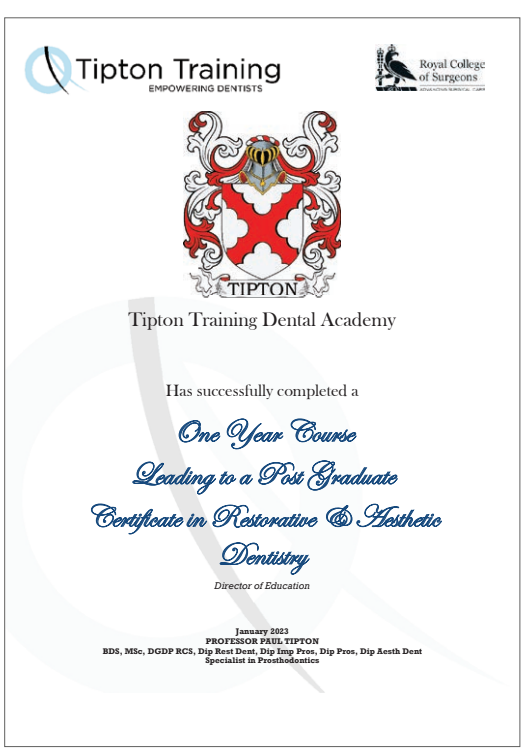


Dr Adam Toft, UK

BSc(Hons), BDS(Hons), MFGDP(UK), MMedSci(Rest Dent), Dip Aesth(BARD), FBARD PGCert-Ed(Sheffield)

Key Facts & Benefits

- The programme will start on 08 May 2025 in Kuwait
- Certificate (Level 1) consists of 4 Modules of 3 days each, in a total of 12 days. Diploma (Level 2) consists of 4 Modules of 3 days each, in a total of 12 days
- Target audience: GP Dentists, Dental Students, Dental Interns and other Specialist Dentists
- Hands-on training (50%) in every module on phantom heads, 3D printed teeth and other advanced models
- Participants will be exposed to dozens of different products and equipment from various dental companies throughout the course
- This is a non-commercial and non-sponsored educational course. The speakers are not sponsored or have any commercial interests with any company. The course delivers only high quality and evidence-based education
- Accredited by American Dental Association (ADA C.E.R.P.) with regards to CME points. KIMS accreditation is expected.
- Training delivered by UK specialists
- Provides access to the Online Library of Tipton Training, where 30 days prior to every module, participant gain access to demo videos, webinars and reading materials
- Special attention to each single participant
- Organised by CAPP, Tipton Training and CAPP-Tipton Dental Academy
- Pathway to Level 7 Diploma
- Pathway to MSc (Clin) in the Specialist Practice of Restorative and Aesthetic Dentistry
- Modules are always on weekends
- Payment in instalments possible
- Delegates will have access to ongoing tutorials and live study clubs
- The programme is structured in a way which provides delegates with one-to-one mentorship and career development advice


Tipton Training
EMPOWERING DENTISTS
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Tipton Training Dental Academy
Has successfully completed a
One Year Course
Leading to a Post Graduate
Certificate in Restorative & Aesthetic
Dentistry
Director of Education
January 2023
PROFESSOR PAUL TIPTON
BDS, MSc, DGDP RCS, Dip Rest Dent, Dip Imp Pros, Dip Pros, Dip Aesth Dent
Specialist in Prosthodontics

Gallery


GROUP 1 | DUBAI


GROUP 2 | DUBAI


GROUP 3 | DUBAI


GROUP 4 | DUBAI


GROUP 5 | DUBAI

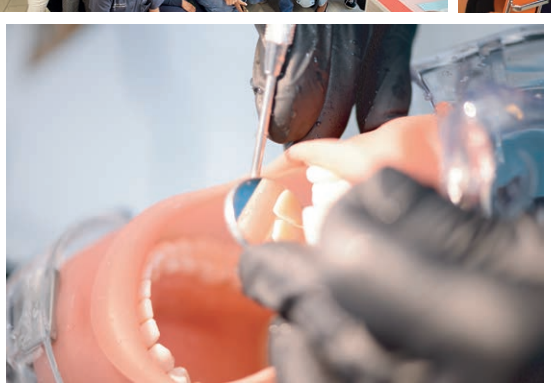

GROUP 6 | DUBAI


GROUP 7 | DUBAI


GROUP 8 | DUBAI


GROUP 9 | DUBAI











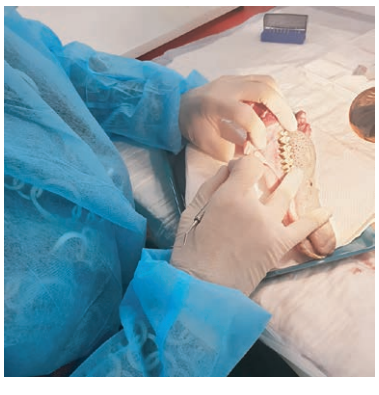










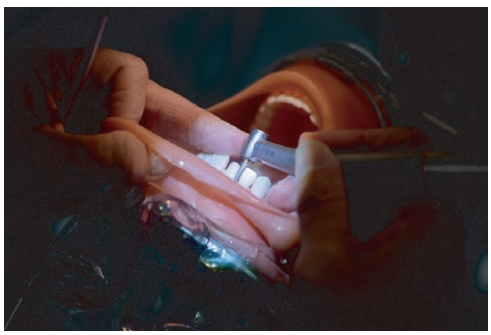






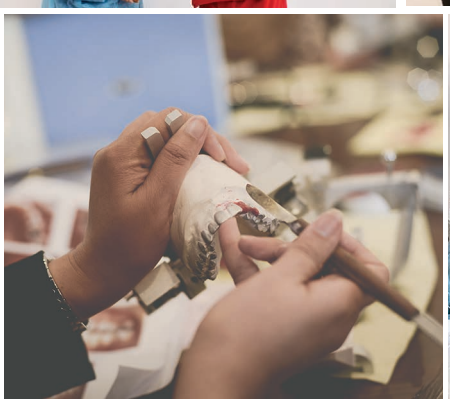
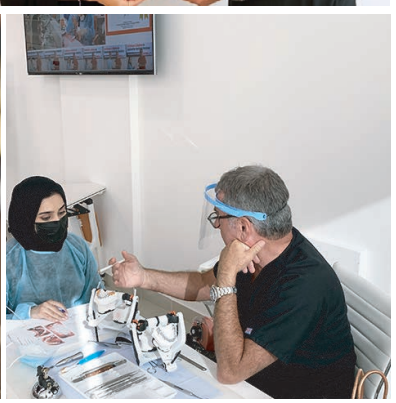
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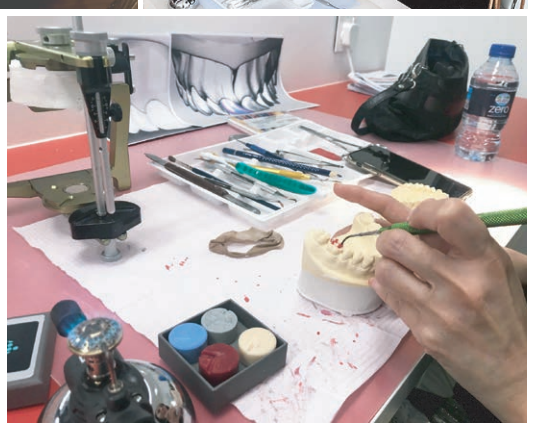




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What Did They Say

“ Really enjoyed these 4 days – I have learned so much and great to put the Duralay technique into practice as I have only seen this on slides as an undergraduate. Very good theory with essential knowledge on whitening that can be put into everyday practice. A great mix of lectures and practicals on phantom heads.

“ I highly recommend this course to dentists in Dubai (or anywhere in the world). I have met some amazing colleagues and have been trained by some of the best speakers in the world. The training facilities provided by CAPP really are top class.

Dr Nina Holmes, UAE

“ I like the organization and the supervision and assistance of every single delegate in hands-on course.

Dr Mansour Ahmed M Alzahrani, Saudi Arabia

“ I liked the simple way of Prof. Paul Tipton in explaining the complexity of occlusion. The hands-on is excellent and the feedback that we get from Prof. Paul and the other supervisors is very constructive. The hands-on is absolutely perfect.

Dr Huda Al Faqeeh, UAE

“ The programme was much more wonderful and educational than I expected. The lectures by Prof Tipton were just too good and the hands-on was a totally new experience. As a dentist who graduated recently, it was a wonderful learning experience.

Dr Greeshma S Praveen, India

“ I appreciate the professional team making this event awesome.

Dr. Rami Ali Abdul Hadi, Kuwait

“ Lots of hands-on, which was great, gave us enough time to practice and perfect.

Dr Maxine Annette Sowden Lusaka, Zambia

Payment Plans

Option 1: Payment in small instalments | no discount

Installment 1 (Module 1, Certificate)	780 KD (2,530 USD)	Payment Due Date: On Registration
Installment 2 (Module 2, Certificate)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 2
Installment 3 (Module 3, Certificate)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 3
Installment 4 (Module 4, Certificate)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 4
TOTAL (Module 1-4, Certificate)	3,120 KD (10,120 USD)	

If a participant continues to Diploma:

Installment 5 (Module 5, Diploma)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 5
Installment 6 (Module 6, Diploma)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 6
Installment 7 (Module 7, Diploma)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 7
Installment 8 (Module 8, Diploma)	780 KD (2,530 USD)	Payment Due Date: 2 Months Before Module 8
TOTAL (Module 5-8, Diploma)	3,120 KD (10,120 USD)	

Option 2: Payment in large instalments | 5% discount

Installment 1 (Certificate)	2,965 KD (9,615 USD)	Payment Due Date: On Registration
Installment 2 (Diploma)	2,965 KD (9,615 USD)	Payment Due Date: 2 Months Before Module 5

Option 3: One-time full payment for Certificate & Diploma | 10% discount

Total of 5,615 KD (18,215 USD)	(includes 10% discount)	Payment Due Date: On Registration

- No hidden costs
- Group registration of 2 and more participants benefit from a **DISCOUNT**. Please contact us for more details
- 100% money back guarantee
  If due to any circumstances a course is postponed, or you have a travel restriction/quarantine period, you are entitled to a 100% refund.

Register here:

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