



Restoring The Perfect Smile With Minimum Invasive Methods

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The demand for perfect cosmetics and esthetics has deep social roots and involves dentistry more and more. The people are looking at the high gloss journals or TV shows like 'extreme makeovers' and it is their deepest wish to improve their own dentition to absolute perfection. In a lot of cases Dentists have the possibility and the technique to do this, BUT those teeth are mostly caries free.

Porcelain veneers are an excellent conservative possibility to create and restore aesthetics in the human dentition. The beauty of porcelain is unsurpassed because of the natural light transmission that occurs through the porcelain and ultimately through the tooth. It is color stable, strong once bonded to the tooth, and has the capacity to last for a lifetime. High survival rates are shown in a lot of publications.

The porcelain veneer originally was adopted as a very conservative treatment. It took the place of crowns in many instances because the clinician did not have to remove a lot, if any, tooth structure to restore the teeth and change the esthetics. It was because of the conservative and esthetic nature of this restoration that it gained in popularity. Porcelain veneers allowed dentists to change the color and the shape of teeth without removing good, sound tooth structure.

The analysis and planning of such a treatment today can be done with the help of computer assisted systems. New materials which are strong on one hand and with highly esthetic possibilities on the other hand are available for the restorations. Their correct use and the possible indications will be shown in the lecture.